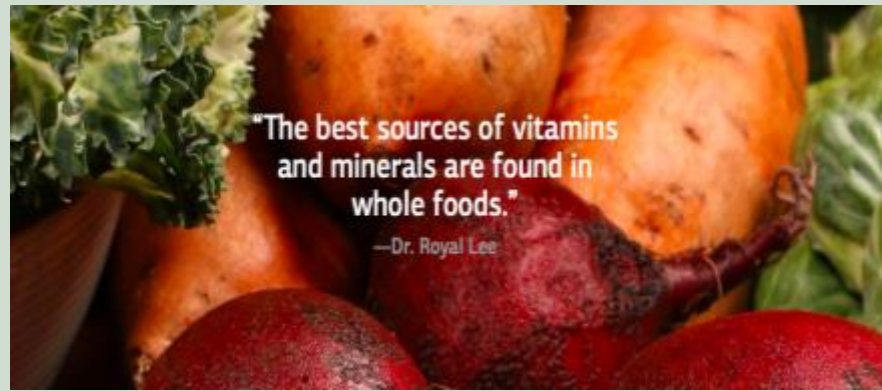


# Wellness Through Supplementation

## Did You Know?

- Whole food supplementation contains vitamins, minerals, enzymes and other necessary nutrients needed for the body.
- Supplements can help regulate blood sugar, lower blood pressure, and boost your immune system.
- They can increase your energy and also help with digestive issues.
- The phytochemicals can detoxify the liver and help rebuild nerve tissue.
- Everyone should be taking these supplements to get the proper nutrients and it can't hurt you!



## Whole Food Supplementation

We don't always achieve optimal health goals through the foods we eat but whole food supplementation can support whole person wellness. The goal of whole food supplementation is to provide nutrients for the body that are as close as possible to how they are found in nature. Today, our typical diet consists of poor processed foods, refined grains, and foods that are high in sugars and fat. This can lead to serious health problems such as chronic diseases. And even people who eat a healthy well-balanced diet may not be getting all the nutrients that they need. A whole food supplement is a complex formula that includes plant and animal extracts, desiccates, or other ingredients required to create the best dietary supplement for each health indication.

Most of us do not consume the right amount of key nutrients each day such as Vitamin D, Vitamin K2 and calcium. By taking whole food supplements, this is ensuring that your body is getting the daily amount of nutrients that is needed. Everyone always say, make sure to be eating enough fruits and vegetables each day, but most of the time it is not that easy and isn't realistic. These supplements can help with this as they contain ingredients like spinach, kale, cranberries, blueberries and many more! This way you are getting enough phytochemicals to fight off disease.

# The Perfect Supplement!

**Catalyn** is America's first supplement made with whole food ingredient sources. It supplies multiple vitamins and minerals for complete, complex nutritional supplementation. It is designed to bridge nutritional gaps in the diet, encourage healthy cell functioning, and supports overall well-being. Catalyn contains Vitamin A, C, D, and B which support growth and tissue repair, provide antioxidant activity, and support energy processes and bone density. Catalyn supports immune and nervous system function while also helping keep skin healthy through support of skin cell integrity, the maintenance and repair of skin tissue and cells, and support for collagen production.

**The supplement  
that makes  
everything work  
better!**



## The Catalyn Formula

- 12 whole food ingredients
  - Carrot
  - Sweet potato
  - Nutritional yeast
  - Bovine adrenal
  - Bovine liver
  - Bovine spleen
  - Ovine spleen
  - Bovine kidney
  - Pea vine
  - Alfalfa
  - Mushroom
  - Oats
- Vitamins, minerals, and phytonutrients
- Many vegetables and grains grown on certified organic farms
- No synthetic pesticides, no herbicides, no genetically engineered foods
- Combats deficiencies that occur as a result of a refined food diet

Source: <https://www.standardprocess.com>

*Promoting Good Health and Quality of  
Life*



22800 Savi Ranch Pkwy., Ste. 202  
Yorba Linda, CA 92887

Office: 714.602.9910  
Fax: 714.602.7150

[www.professionalnursepartners.com](http://www.professionalnursepartners.com)  
[Katie@professionalnursepartners.com](mailto:Katie@professionalnursepartners.com)